

# The Hong Kong Daily Press.

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HONGKONG, TUESDAY, SEPTEMBER 28TH, 1886.

二拜禮 號八十二月九英港香

PRICE \$2 PER MONTH

## SHIPPING.

ARRIVALS.  
September 27. SAUTER, French steamer, 323.  
Th. Leroy, Haiphong 24th September, and  
Hoiang 28th. General—A. R. MART.  
September 27, KINGHORN, Norwegian bark, 588.  
Z. Riet, Singapore 6th September, Timber.  
—ED. SCHAFFHAUSEN & CO.  
September 27, YANTZE, French steamer, 2,371.  
M. Lormier, Shanghai 25th September,  
Mails and General.—MESSAGERIES MARITIMES.

CLEARANCES.  
At THE HARBOURMASTER'S OFFICE.  
27TH SEPTEMBER.

Glenorchy, British str., for Shanghai.  
Eremalia, British str., for Amoy.  
Palamed, British str., for Amoy.  
Port Jackson, British str., for Singapore.  
Kutang, British str., for Swatow.  
Kaisen, British str., for Singapore.  
Achille, British str., for Singapore.  
Empress, Siamese bark, for Bangkok.

DEPARTURES.  
September 27, LORENA DOONE, British bark, for  
Newkaw.  
September 27, ERMINIA C., Italian bark, for  
Newkaw.  
September 27, MOUNT LEBANON, Amer. sch., for  
Newkaw.  
September 27, MONOACEY, Amer. sch., for Macao.  
September 27, KUTSANG, British steamer, for  
Swatow.  
September 27, KANSW, British str., for London.  
September 27, ACHILLES, British steamer, for  
London.

## PASSENGERS.

ARRIVED.  
Per Salter, str., from Haiphong, &c.—Messrs.  
A. R. Mart, Meyer, and Nicol, and 44 Chinese.  
Per Yang-tse, str., from Haiphong, and  
Borneo, Chittagor, L. G. Monteiro, and  
Silva, and 9 Chinese. For Marsella—Messrs.  
E. Acalli and J. C. A. Holt, and 8 Chinese.  
DEPARTED.  
Per Borneo, str., for Singapore.—Mr. Andrew  
Hopkins.  
Per Kuan-sang, str., for Swatow, &c.—Messrs.  
Master, Kennedy, Glass, Lawrence, and Malcolm.  
Per Amoy, str., for Shanghai.—Mr. J. F.  
Wilson.

## REPORTS.

The French steamer *Salle*, from Haiphong  
24th September, and Hoiang 25th, reports had  
fine N.E. monsoon.

## SHANGHAI SHIPPING.

September 27. ARRIVALS.

1. Ichang, British str., from Ningpo.  
2. Taiwo, British str., from Hankow.  
3. Yang-tse, French str., from Hongkong.  
4. Kiang-chia, Chinese str., from Ningpo.  
5. Changting, British str., from Tientan.  
6. Kiang-chia, Chinese str., from Hankow.  
7. Achiles, British str., from Liverpool.  
8. Poochi, Chinese str., from Ningpo.  
9. Yang-chia, Chinese str., from Hongkong.  
10. Kiang-chia, British str., from Ningpo.  
11. Shanghai, British str., from Hankow.  
12. Kung-wo, British str., from Hankow.  
13. El Dorado, British str., from Tientan.  
14. Peacock, Chinese str., from Ningpo.  
15. Meridian, Siamese str., from New York.  
16. Columbia, German str., from New York.  
17. Yangtze River, Chinese str., from Haikow.  
18. Amoy, British str., from Hankow.  
19. Kuan-sang, str., from Ningpo.  
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## EXTRACT.

## OLD WINE.

Herr E. Winkelmann, a German chemist, has made some curious revelations regarding the effect of age on wine. It is well known that Mosel wine improves till it is five years old, and then deteriorates. According to Winkelmann, there is an age at which all wines, including the very best, cease to be wholesome. He ordered some wines of the famous Bremer Batskeller, Edesheimer Rose, 1653, and Hochheimer Apostel, 1726, highly recommended for their medicinal value, and found that they were deficient in natural glistening, and contained as much acid as the cheapest new wines in poor seasons, so that they were positively injurious to health."

## BISMARCK'S FIRST DECORATION.

Ex-Minister Kasson tells in the *North American Review* for August, this interesting story of Bismarck's "first decoration":

"While he was serving in the Ulrian cavalry, in 1842, his comrade, who was the son of a forester on his estate, rode into the lake to give his horse a bath. Missing his footing, the rider was thrown and disappeared in the water. Bismarck was standing with a group of officers on the bridge and saw his sinking comrade. In an instant his sword and uniform were on the ground and he leaped into the lake. He found the struggling man and seized him. But in the blind agony of drowning man he clung so tightly to his master that Bismarck, helpless, was obliged to dive with his burden to loosen the hold. It seemed both were lost. But soon after, bubbles rose to the surface, followed by Bismarck, who in the depths had detached the grip of the man, and now appeared, dragging his comrade with him, and swam to the shore. The inanimate form was restored to life and the following day to duty. For this act he afterward received the Prussian medal for 'Rescue from Peril,' which was his first decoration; and he proudly wore it when he had no other. Nor has he since abandoned it, for it finds its place still amid the highest orders which European monarchs have since showered upon his breast. His friends are fond of telling his answer to a much-decorated diplomatist who, seeing this lonely medal on his young colleague's coat, inquired what decoration it was. Herr von Bismarck, who at that time had no other title and had earned no costly decoration, looked him hard in the eye and said: 'I am in the habit sometime of saving a man's life.'

## FRUIT AS AN ARTICLE OF FOOD.

The person who values health, and who knows a little of fruit, will make it a point to eat it daily, and even, on occasions, to make a meal almost entirely of it. One cause why ripe and wholesome fruits are given a bad name is because they are eaten at the wrong end of a meal. After many courses of heavy foods and strong drinks, a few harmless strawberries are indulged in, and then, when these rich foods and stimulating drinks upset the stomach, the blame is put on to the innocent strawberries. The real place of fruit is at the beginning of a feast, and not at the end. A better plan still is to make a meal of bread and ripe fruit. The best meals to make thus are breakfast, lunch, or early tea. The bread should be brown and dry, and the fruit ripe and raw. Those who wish to retain their mental clearness all day, cannot do better than lunch off fruit and bread, leaving heavier and solid food until evening. Children may be given plenty of fruit, and as long as it is ripe no harm will result; on the contrary, it clears the complexion and skin, and acts as a laxative and a cooler. When children have a half-holiday, and they are in the way at home, you should buy them some fruit and send them to the nearest park, common, or open space, where they can romp and play, and, instead of sickly, and often poisonous, sweets, they may regale themselves with the fruit you give them. A picnic party should never depart without a basket of fruit. It is astonishing how exhilarating and enlivening a meal of fruit is, and instead of feeling dull after it, as you do after ordinary food, you feel stimulated and brightened up. It is not wise to eat raw fruit too late at night, as this does not digest so easily or so lightly as food we are constantly taking. Fruit is best in the morning. Early fruit-eating is to be commended—it clears the tongue, stimulates gently, and with many it is the cause of regular relaxation. Many people—good number of whom are doctors—are of opinion that antennal diarrhea is due to fruit. This is an idea not borne out by facts. Fruit has the composition of a perfect food, containing all the substances required by the body. Here is the composition of strawberries:

Sugar	67 percent.
Fro Acid	1%
Nitrogen	1%
Insoluble matter (5 per cent. of whole mass)	7%

100

From this table we can see that fruit is a perfect food, as it contains everything needed, including water.—Gardening Illustrated.

## HOW THE VIOLET BECAME THE EMBLEM OF THE BONAPARTIST PARTY.

The *Times* of August 16 has an article giving an account of the manner in which the violet became the emblem of the Imperial party in France. The facts are gathered from a small pamphlet published in the year 1813, bearing the following lengthy title:—"Defense of the French People against their Accusers, French as well as Foreign, Supported by Evidences from the Correspondence of the ex-Monarch, followed by the Anecdote which enabled the Violet to become a Rallying Sign, by the Author of 'Précis Historique sur Napoléon.' The story is as follows:—Three days before departing for the Island of Elba, Bonaparte was walking in the gardens of Fontainebleau accompanied by the Due de Bassano and General Bertrand; the Emperor was still uncertain whether he should offer resistance, or betake himself into exile in peace. The Due de Bassano was endeavouring to show him that it was not necessary to draw his luck. Greatly impressed by the objections of his secretary, Napoleon continued to walk up and down in silence; he had no reply to make, and he was seeking something to distract his attention from the embasement of his position. Suddenly he saw a pretty child of three or four years of age who was plucking violets, of which he had already made a little bunch: "My dear," said the Emperor, "will you give me your nose?" "Certainly, Sir," replied the lad, handing it to him with infinite grace. Bonaparte took the flowers, kissed the child (whom he recognized as the son of a man he employed at the chateau) and continued his walk. "Well, gentlemen," he said to his officers after a few moments' silence, "what do you think of that child? This chance meeting seems to me like a piece of secret advice warning me for the future to imitate this modest flower; yes, gentlemen, hereafter violets shall be the emblem of our desire."

"Vive l'Empereur!" The Emperor did not heed him, but withdrew to his private room. On the following day he was seen walking in the garden with a small bunch of violets in his button-hole. Having reached a bed, where

they were planted, he commenced to pick some more of the flowers, which just there happened to be rather scarce. A certain Choudieu, a grenadier of the Guard then on duty, said, "In another year, sir, you will have less difficulty in plucking them; they will be thicker then." Napoleon looked at him in astonishment. "What!" he exclaimed, "do you suppose I shall be here again in a year's time?" "Perhaps sooner," was the reply; "at least we hope so." But do you not know, soldier, that I am leaving for the Island of Elba the day after tomorrow?" "Your Majesty will suffer the storm to pass." "Are your comrades of the same opinion?" "Almost all." "Let them go, so, then, but not so yet. Where your sentry duty is over, and you find Bertrand; he will give you twenty napoleons, but keep the secret. Choudieu having returned to the guard-room remarked to his comrades how, for the last two or three days, the Emperor had been away, with a bunch of violets. "Well," said he, "for the future when we are talking between ourselves we must always call him Father Violet." So from that day the troops in their barrack and at their mess always referred to Napoleon as Father Violet. The news incessantly reached the public, and when violets were in season the admissions of the Emperor were a bunch in the button-holes or carried one in their hands. This is how they recognised one another.

## BRAIN SURGERY.

At the meeting on Friday last of the British Medical Association at Brighton, Mr. Victor Horsley, F.R.S., Professor Surgeon to the Royal Hospital and Surgeon to the National Hospital for the Paralyzed and Epileptic, in Queen Square, Bloomsbury, exhibited three patients, to whom, in hospital, whose recovery was to be used to mark the commencement of a new era in surgery. They are men who have been suffering from severe epileptic fits, and in whom Mr. Horsley has opened the skull and removed diseased structure or new growth from the brain itself. A similar operation was reported at the close of 1864 from another institution, and it will be remembered that a correspondent who signed himself "F.R.S." called attention to our columns at the time, and claimed it as a direct result of experiments performed on living animals. The case, as regarded from this point of view, occasioned considerable controversy; but, unfortunately, the publication was premature, for the patient died when his recovery was thought to be well assured. The fatal result was attributed by his medical attendants to a cause independent of the nature of the operation, and therefore did not discourage future attempts in the same direction.

The next opportunity for such attempts was afforded at the National Hospital, and advantage was taken of the three, the operation was performed on July 15, so that a complete month has since elapsed; and the patient was sufficiently assured. The fatal result was attributed by his medical attendants to a cause independent of the nature of the operation, and therefore did not discourage future attempts in the same direction.

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